



May 14, 2026

Dear 8th Grade Families,

On behalf of the York High School Athletics Department, we'd like to take this opportunity to welcome you to life as high school sports families. Although much of our programming will resemble that of middle school sports, the information contained in this letter is here to help answer some of the key questions that you may have between now and the start of the fall season. Please don't hesitate to get in touch with us should you need more details.

- **How does my student sign-up for fall sports and summer activities?**
 - An email has been sent to all 8th grade students with the sign-up form. Reminder emails will be sent to students over the next few weeks. Only @yorkschoools.org email addresses can respond to this form.
 - *Basketball and wrestling offer summer activities. Please be sure students intending to participate in these programs during the summer, who are not participating in fall sports, still submit their name so we can create participation rosters.*
 - If you need to assist your student with the form you can find it at this link - <https://forms.gle/uaZAM8DjAqbEaW166> (must be logged into an @yorkschoools.org account).
 - This sign-up is not binding and students may sign up for more than one sport at this stage. This information helps us generate rosters and estimate program numbers as well as create mailing lists for department communication. Students can always decide to join at a later date, too.
- **How will my child find out about fall sports, including summer opportunities?**
 - Student-athletes who submitted their name to the Summer/Fall sports sign-up form will begin hearing from our head coaches soon. **Additionally, head coaches will meet with YMS students on Monday, June 15, during Finale rehearsal.** Coaches will meet with interested student-athletes to share season information and answer questions.
- **Are there summer activities?**
 - Several of the fall sports, along with some winter sports offer optional, non-mandatory summer practices and leagues. These are encouraged to help students maintain a basic level of conditioning through sport-specific activity. Students **are not penalized** during fall tryouts if they cannot attend summer activities. ***Summer activities will begin around Monday, June 22.***
- **What is required before students are eligible to participate in summer or fall programs?**
 - **Online registration forms for 2026-27 will be available to access after May 26.** All students wishing to participate in any athletic activity this year must have these required forms completed. Families will be notified when forms are open.
 - Please visit yorksd.rankone.com to access forms under the "Electronic Forms" tab.
 - ***There are three requirements for participation in a YHS athletics program; the first two forms listed are required to be up-to-date before summer activities begin on June 22; physical is required to be up-to-date for fall activities beginning on August 17.***

- Athletics Participant Form
- Emergency Information
- Physical Examination
 - Ensure that your student has an active sports physical examination on file. Physicals are active for 13 months from the date of the exam.
 - Email updated paperwork to ecastaline@yorkschoools.org, fax to 207-351-4001 (this is a YHS Athletics specific fax line; please encourage the provider's office to use), or drop off a hardcopy at the YHS front office.
 - Physicals submitted to YMS that are still active (within the last 13 months) are on file at YHS.
 - If needed, a sports physical form is available on the Electronic Forms page.

● **How can I find schedules and department information?**

- A great starting point is our website yorksd.rankone.com; as well as our Instagram account @YHSWildcats.
- On the website you will be able to access schedules, coach contact information, sign up for scheduling change alerts via text or email, and view policies and forms.
- RankOne has a free phone app to connect families directly to their student's team schedules, access directions to venues, etc.
- Fall sports tryouts/practices begin on **Monday, August 17**, with scrimmages beginning one week later. Fall 2026 regular season games begin during the first week of September.

● **How can I find out more about the fall programs and meet coaches?**

- Coaches will hold program meetings for families at the start of the fall season. Look for more information later this summer as we get closer to our first practice date, **Monday, August 17**.
- If you have questions you are invited to reach out to program head coaches at any time.

Golf - Steve Estes - sestes@yorkschoools.org	Boys Cross Country - Matt Weber - mweber@yorkschoools.org
Volleyball - Deanna Martin - dmartin@yorkschoools.org	Field Hockey - Barb Marois - bmarois@yorkschoools.org
Girls Soccer - Nick Hanlon - nhanlon@yorkschoools.org	Girls Basketball - Jess Stacy - jstacy@yorkschoools.org
Boys Soccer - Julie Johnson - jjohnson@yorkschoools.org	Boys Basketball - Matt Regan - mregan@yorkschoools.org
Football - Matt Nelson - mnelson@yorkschoools.org	Wrestling - Bryan Thompson - bthompson@yorkschoools.org
Girls Cross Country - Fergus Cullen - fcullen@yorkschoools.org	

We look forward to meeting you in the fall. Go Wildcats!

Jeffrey Oliver, RAA

Athletics/Activities Director

joliver@yorkschoools.org

Emily Castaline, MPH, ATC

Athletic Trainer

Assistant to Athletics/Activities Director

ecastaline@yorkschoools.org